

Old School Power Lifting (OSPL) Mammoth Open
Full Power and Bench/Dead-Lift Championships
December, 4th 2021
Entry Form (Please Provide All Information)

Last Name_____ First Name_____

Address_____ City_____ State___ Zip_____

Home Phone_____ Work phone_____ Age_____

Email_____ Date of Birth_____

Divisions: elect one of EACH line unless entering multiple divisions
Weigh In Dec. 3rd starting at 9am and Dec. 4th from 7-8am

Raw OR Gear Or Classic Raw

Check One and Circle Applicable Range

- Open
 Teen 13-15 16-17 18-19
 Junior 20-23
 SubMaster 33-39
 Master 40-44 45-49 50-54 55-59 60-64 65-69 70-74 75-79 80-84

Full Power Bench Press Dead-Lift _____ # of Divisions Entered

Wt. Class Entered - Circle Applicable Range

Men:	114	123	132	148	165	181	198	220	242	275	308	SHW
Women:	97	105	114	123	132	148	165	181	198	UNL		

Single Lift \$60 \$_____

Double Lifts \$100 \$_____

(ex Bench & Dead)

T-Shirts (Please Circle Size): S M L XL 2XL 3XL \$20 \$_____

Total: \$_____

Waiver:

In consideration of the acceptance of this entry, I hereby for myself, my heirs, executors, and administrators waive and release any and all rights and claims for damages I may have against, Don Bell, and Timber Gym Fitness, and their representatives, successors, and assigns for any and all injuries or bodily harm that I might suffer while competing at the OSPL Mammoth Open Full Power and Bench/Dead Championships.

SIGNATURE

Return Entry Form To: Don Bell, 320 W. Market St., Aberdeen, WA 98520