

2025 Mammoth Open

06, 2025 Mammoth Open December 2025

Meet Director:
360-581-5118

Don Bell, Meet Director,

Website: TimberGym.Net

Email: TimberGym1@Gmail.com

Location: Timber Gym, 320 W Market St., Aberdeen WA 98520

Hotel: Rooms can be reserved at the Olympic Inn and Suites by calling 360-533-4200. The Olympic Inn is just minutes from the Gym and is up to date with all covid safety protocol.

Eligibility: There is no card fee for this federation at this time.

We would rather have you use the money towards another meet.

Records: We will also be keeping records; we will even honor the records you have from another federation. Seriously, how else are we ever going to know who's the best of the best ?!.

Weigh-Ins: Timber Gym 320 W Market St, Aberdeen, WA 98520

Friday, December 05 2025, 9am-8pm

Saturday, December 06 2025, 7:00-8:30am

Event Start Time: Competition begins 9:00am Saturday December 06, 2025

Mandatory Rules Meeting at 8:30am

Contest Lifts: **Full Power, Bench Only, Dead Only**

Awards: Stick around for best overall lifter: raw & equipped/men & women; high school. Awards for 1st place in Age/Weight Categories (raw & equipped).
Placement by the Schwartz formula

Weight Classes:

Men

114,123,132,148,165,181,198,220,242,275,308, SHW (308+)

Women

97, 105, 114, 123, 132, 148, 165, 181, 198, SHW (198+)

Age Divisions:

Open (Adults 18 & over), **Sub Master** (33-39)

Master (40-44) (45-49) (50-54) (55-59) (60-64) (65-69) (70+)

Junior (20-23), **High School** (13-15) (16-17) (18-19)

Entry Fee Before November 27, 2025

Meet: \$60 for 1st division (\$40 each add. Division), \$50 for high school –**bring current high school ID** (\$40 each add. Division).

One piece lifting suit required. (singlet)

Step 1 – Complete Registration Information

Please Print Legibly

Pre-register to ensure we have a T-shirt in your size

Entry form must be postmarked by November 27th, 2025

Last Name _____ First Name _____ MI _____

Address _____

City _____ State _____ Zip Code _____

Email _____

Home Phone _____ Date of Birth _____

Workout Facility or Team Affiliation _____

T-shirt Size	S	M	L	XL	2X	3X	4X	\$20.00
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Please include T-shirt amount with entry fee

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Step 2 – Choose your division or Divisions (if participating in more than one division)

Division:	Men's _____	Woman's _____
	Raw _____	Classic Raw _____
	(Belt only & knee sleeves Ok)	(Belt & Knee Wraps)
	Equipped _____	
	1,2, Multiply	
Circle One:		
	High School (13-19) Junior (20-23) Sub Master (33-39)	
	Master (40-44) (45-49) (50-54) (55-59) (60-64) (65-69) (70+)	
Open (18+)	Weight Class _____	Age _____
Full Power _____	Bench only _____	Dead Only _____ Push/Pull _____

Squat: _____ **Bench:** _____ **Lift** _____

Release and Waiver: I do hereby waive and release all rights and claims for damages that I may have against the Meet Director Don Bell and any and all participating sponsors and supporters in any manner growing or arising out of my participation in the 2025 Mammoth Open hosted at the Timber Gym. I attest and verify that I have full knowledge of the risks involved with my participation in this event.

Signature _____ Date _____

(Parent/Guardian required if under 18 years of age)

Send all completed forms and Payments to: Timber Gym Attn: Don Bell

320 W Market St. Aberdeen WA 98520